

SORIDA

FROM ZIMBABWE

CD TRACK 1

So-ri-da,
So-ri-da, ri-da, ri-da,
So-ri-da,
So-ri-da, ri-da, ri-da.
Da-da-da,

Da-da-da, ri-da, ri-da,
Da-da-da,
Da-da-da, ri-da, ri-da.

'Sorida' is a greeting term in the Shona language.

The suggested actions emphasise the highest note in the melody on 'So', and they highlight the beat of the music.

Playing with the tempo by singing the first half slowly and the second half faster turns the song into a game of copying/following. Feeling the changing speeds as a group develops children's listening and collaborative skills.

