

ACTIVITY ONE: DAILY ROUTINES WORKSHEET

1. Training Routine for Soldier

6:30am	Get up
6:45am	Morning parade
7:00am	Breakfast
8:15am	Company officer's parade
8:45am	Manoeuvres
11:15am	Swedish drill
1:00pm	Lunch
2:15pm	Rifle drill
3:15pm	Lecture by officer
4:30pm	Dismiss
5:00pm	Tea
6:00pm	Free time
10:00pm	Last post – time for bed!

2. Trench Routine

5:00am	Get up and stand to (guard duty)
7:00am	Breakfast
8:00am	Inspection
12:00noon	Chores
3:00pm	Free time
6:00pm	Stand to (guard duty)
8:00pm	Sentry duty
10:00pm	Patrol No Man's Land

3. Timetable for life in a children's home as Walter Tull might have experienced

6:20am	Get up and make beds. Cold water wash.
6:45am	Chores
7:00am	Breakfast
7:30am	Prayers
8:30am	Lessons
12:00pm	Lunch
12:30pm	Lessons again
4:30pm	Get washed and room inspection
5:00pm	Tea
5:30pm	Free time
7:00pm	Get ready for bed
8:00	Lights out