

ACTIVITY 8: TRENCH RATIONS WORKSHEET

Foodstuff	Total amount for one day	Ration per soldier
Fresh meat	50kg	
Bread	25kg	
Biscuit	25kg	
Bacon	5kg	
Cheese	5kg	
Fresh vegetables	10kg	
Dried vegetables	2.5kg	
Tea	1kg	
Jam	2.5kg	
Sugar	5kg	
Mustard	50g	
Pepper	50g	
Condensed milk	25kg	
Rice	1kg	
Oatmeal	1kg	