24-Hour Timeline

A.M. hours   P.M. hours

12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11 12

↑   ↑   ↑

midnight
or 12:00 A.M.

noon
or 12:00 P.M.

midnight
or 12:00 A.M